

Dear parents/carers,

### School Drive

We are seeing that children are being dropped off by cars at the top of the turning circle, leaving them to walk up the school drive, which is highly dangerous. Please put safety first and pull into Innovations car park to drop off. Thank you.

May we also remind you that smoking and vaping are not permitted on school grounds which includes the drive and walk way up to the school playground.



### Congratulations

It has been a week of good news at Dean Field!

Firstly, I would like to congratulate **Miss Lopsuzniak** and **Miss Jagger** who have successfully passed the **National Professional Qualification for Leading Teaching (NPQLT)** which they have been studying for 12 months and has allowed them to gain expert knowledge on how to lead the teaching of their subjects. Miss Jagger leads Sports and Health and Science and Technologies and Miss Lopuszniak is our Maths Lead and Computing Lead so between them they coordinate around half of the subject areas in our curriculum and for that we are incredibly grateful.

Congratulations also to **Mrs Mason** who is embarking on a new chapter in her career. Mrs Mason has just been accepted on the **Early Years Initial Teacher Training** course which will provide her with on the job training alongside online learning and assessments in order to qualify as an **Early Years Teacher**. This will not affect Mrs Mason's role here at Dean Field as she will do most of her studying outside of her working hours.

Wishing you a wonderful weekend.

Mrs Pether

### Staff Training

This week teachers have taken part in a Science staff meeting, led by Miss Jagger where they looked at new ideas and initiatives to bring the teaching of science to life.

All staff have also completed an online learning module on Allergy Awareness to ensure all staff are aware of the different types of allergies children may have and how we can manage these safely in school.

# SAFEGUARDING

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalonlinecollege.com](https://nationalonlinecollege.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

### WHAT ARE THE RISKS?

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

### POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

### MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

### PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

### SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

### COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

### PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

## Advice for Parents & Carers

### ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

### NOX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

### ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

### MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

### Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The  
National  
College

NOS  
National  
Online  
Safety  
#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

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@national\_online\_safety

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## Smartest Class of the Week

This week Year 3, Poland Class are smartest class of the week!



**DEAN FIELD COMMUNITY  
PRIMARY SCHOOL  
COUSIN LANE,  
OVENDEN,  
HALIFAX  
HX2 8DQ**

**MONDAY 12TH FEB  
- THURSDAY 15TH FEB  
10AM - 2PM  
AGE 5 - 11**



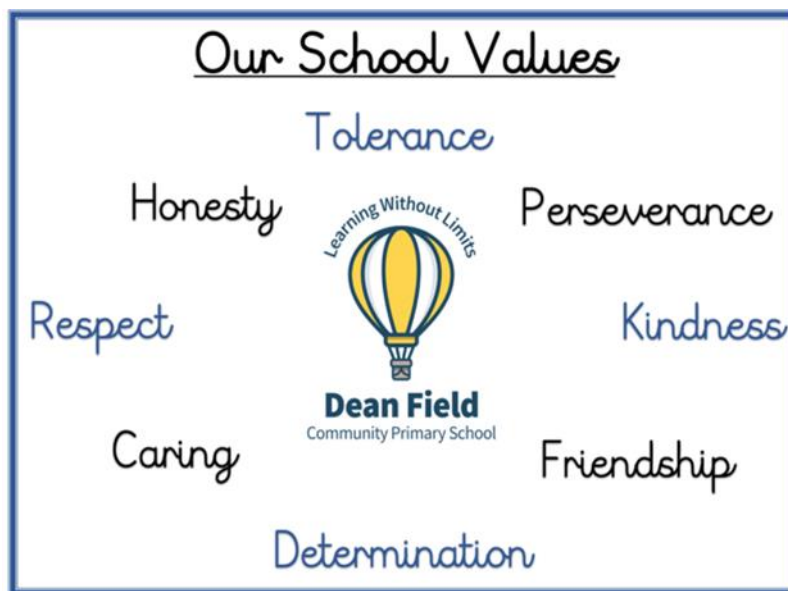
**TO CHILDREN WHO ARE ELIGIBLE FOR  
BENEFIT-RELATED SCHOOL MEALS**

**TO BOOK  
[HTTPS://HEALTHYHOLIDAYS.CALDERDALE.GOV.UK](https://healthyholidays.calderdale.gov.uk)**



## Dean Field Values

Values are things that we really believe in and that we think are very important. Here at Dean Field we have 8 core values which we expect everyone to demonstrate.



As a school, we will be having a half termly focus on each of our values to deepen our understanding of these. Children will be a part of assemblies each week and all staff will be looking out for children who display the focus value over the half term. They will be recognised in a celebration assembly at the end of each half term.

Here are the focus values for the rest of the academic year:

Spring 1 - **Determination and Perseverance**

Spring 2 – **Caring**

Summer 1- **Friendship**

Summer 2 - **Kindness**

We are really looking forward to recognising the amazing achievements of the wonderful children here at Dean Field school!

## Forms

Going forward we will be using the Forms system on Teachers2Parents for our letters and events. If you are unsure how to access the system or consent to any trips, etc. then please come to the school office; we will be happy to show you.



## Reception Sea Life Trip

Reception had a wonderful trip to Sea Life in Manchester. A fantastic learning opportunity supporting their under the sea topic.





## Cartwright Hall Art Gallery

On Tuesday, year 5 had a fantastic trip to Cartwright Hall art gallery in Bradford. They got the opportunity to build on their existing knowledge of the early Islamic civilisation by analysing paintings and artefacts from this era. They were absolutely amazed by some of the artwork displayed in the gallery! They completed an activity where they had to sort artefacts into three different categories: artefacts from the modern day, artefacts from Britain 1000 years ago and artefacts from the early Islamic civilisation. They also got the chance to practise creating Arabic calligraphy with real calligraphy tools. They worked as brilliant historians throughout the day and really impressed everyone with their knowledge! Well done year 5!





# National Online Safety



## Keeping Children Safe Online

If you would like to learn about Online Safety then there is a free course you can take through school.

You will be able to complete this online at home and receive a certificate in Online Safety.

If you are interested, please leave your email at the school office to pass on to our computing lead.

## Children's Mental Health Week 2024

Children's Mental Health Week will take place from 5<sup>th</sup> - 11<sup>th</sup> February. This year we are working with Invictus Well-being to raise awareness and teach pupils about the importance of our well-being and mental health.

The children will do some activities during the week to help them understand the importance of their mental health and learn some top tips about what to do if they are struggling.

We will end the week with a **blue themed** non-uniform day on Friday 9<sup>th</sup> February as part of Invictus Well-beings 'Blue Some Good' campaign.





## SCHOOL LOTTERY

Don't forget to join our school lottery and be in with a chance of winning cash prizes up to £25,000, plus great bundles like the one shown here.

The school lottery helps support our school so we can buy extra resources and do extra curricular activities.



**Enter our**  
**Super Draw**

**Win a £1,000 Luxury Getaway**  
**OR £1,000 CASH PRIZE**

- Tickets cost just £1 a week
- Chance to win up to £25,000
- Play weekly, or just play the Super Draw!
- Get away from it all in 2024!

  
**Dean Field**  
Community Primary School



 **YOUR  
SCHOOL  
LOTTERY**

**PLAY NOW:**  
Go to  
[www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk)  
Search for: **Dean Field Community**

 **GambleAware**

See website for Terms & conditions. Enter by 27/01/24





## Debut Ukes

A ukulele band for beginners  
Ages 8 - 12 years



Thursdays 5:15pm - 6:00pm  
at The Old Courthouse,  
Halifax, HX1 2DL

**Try it for free!**

Full details & registration online  
Visit our website or scan the QR code  
[www.calderdalemusic.co.uk](http://www.calderdalemusic.co.uk)

*Parking available.  
Public transport  
& parking expenses  
for parent carers  
will be covered.*

**family voice**  
calderdale  
*together improving services*



## ANNUAL CONFERENCE 2024

A conference for parent carers of children & young people 0-25 with disabilities or additional needs & the practitioners who work with them.

### SHAPING THE FUTURE FOR SEND IN CALDERDALE

*Date:*

Wednesday 28<sup>th</sup>  
February 2024

*Time:*

10am-2pm

*Venue:*

The Shay  
Stadium, Halifax,  
HX1 2YS

**HOT LUNCH AND  
REFRESHMENTS PROVIDED**

**LEARN MORE ABOUT  
FAMILY VOICE CALDERDALE**



Family Voice Calderdale is the parent carer forum for Calderdale and works together with services to better meet the needs of children and young people with disabilities or additional needs across Calderdale.

*Limited Places, booking is essential!*

**Book Online:** [www.eventbrite.co.uk/e/family-voice-calderdale-annual-conference-2024-tickets-795972373797](http://www.eventbrite.co.uk/e/family-voice-calderdale-annual-conference-2024-tickets-795972373797)

**Call:** Heidi - 01422 343090

**Email:** [family.voice@uniqueways.org.uk](mailto:family.voice@uniqueways.org.uk)

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# KIDS HOLIDAY CAMP

12TH - 16TH FEB

Come & join the fun  
**BRIGHOUSE & WAKEFIELD**  
 8AM - 3:30PM  
 BREAKFAST INCLUDED  
 OFSTED REGISTERED

[www.utopiaactive.co.uk](http://www.utopiaactive.co.uk)

Ofsted



**Try High HOLIDAY CLUBS!**

FOR AGES 7-11

**FUN-PACKED HOLIDAY CLUB FOR CHILDREN WITH SPORTS, GAMES & CREATIVE ACTIVITIES!**

- FREE for children eligible for free school meals.
- BREAKFAST and hot LUNCH provided.
- 4 day programme 10am-2pm.

CALDER COMMUNITY SQUASH INVICTUS well-being

**FIND OUT MORE & BOOK NOW**

[invictuswellbeing.com/tryhigh](http://invictuswellbeing.com/tryhigh)





## DIARY DATES

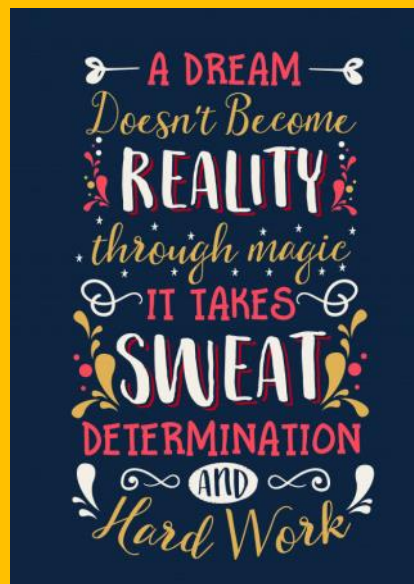
DATE	EVENT
Monday 5th February	Year 1 Art Workshop—10 places 1:30-2:45pm
Tuesday 6th February	Year 5 Yorkshire Water Trip
Wednesday 7th February	Reception Bikeability Training
Wednesday 7th February	Year 4 Poetry Workshop—10 places 1:30-2:45pm
Friday 9th February	Blue Some Good non-uniform Day
Friday 9th February	School closes
Thursday 7th March	World Book Day—dress as any book character

**REMINDER:** All school fees, dinner money, extended provision and Nursery fees need to be paid in advance.  
We do not offer any credit and there are no exceptions.  
Please pay fees on time.



**REMINDER:** We are a nut free school and we would appreciate that any lunchboxes do not include nut products to protect the children in school with

**REMINDER:** If your child has asthma please ensure they have an inhaler in school and you have filled out a medical form at the school office. Thank you.



### Accelerated Reader – Reading Achievements this week



Brazil	77%
Poland	83%
Australia	92%
Ireland	84%
Kenya	74%

You could help increase your class percentage by doing some extra reading on myON! There are thousands of books for you to choose from! If you need a reminder of your login details, please speak to your teacher. Visit <https://www.myon.co.uk/login/> to start reading!

### TT Rockstars Weekly Winners

Year 2 – Drake C

Year 3— William H

Year 4 – Isaac P

Year 5 – Kyia R

Year 6 – Kaitlyn S



Group	% Attendance
Mexico	88.6%
China	96.7%
Australia	93.3%
Poland	93.8%
Kenya	89.3%
Brazil	90.8%
Ireland	88.1%
Total	91.6%

### This Weeks Attendance

Congratulations to China class who had the highest attendance in the school this week. Well done to Poland class for coming second. I am seriously concerned of classes who are below 96%. Meetings with parents of children who are of concern will occur.

If your child is absent from school please contact the school office on 01422 258258 before 9.00am.

It is important we are aware of the reason for your child/children's absence. It becomes a safeguarding concern if parents do not inform school when their child/children are absent. Please contact the school office on the first day of absence before 9am stating reasons for any absence. This will avoid absences being recorded as unauthorised.

If you have any concerns or questions surrounding your child/children's attendance please do not hesitate to contact me.

Many thanks,  
Loraine Stansfield, Pastoral Manager



## CELEBRATION ASSEMBLY

Mexico Reception	All of Mexico Class	For displaying fantastic behaviour, manners and enthusiasm on the Sea Life trip.
	Mason W	For a fantastic first week despite being under the weather.
China Year 1	Aria R	For amazing progress in phonics.
	Cub M	For fantastic understanding of tens and ones for teen numbers.
Australia Year 2	Alarah S	For brilliant manners and looking smart across all lessons.
	Kaya Mc	For trying so hard with your story writing this week.
Poland Year 3	Joshua S	For fantastic behaviour and being a good role model.
	Rogan M	For being a star reader!
Kenya Year 4	Vanessa G	For her determination in her maths lessons.
	Darcie C	For her improved presentation in ALL her books.
Brazil Year 5	Scarlette W	For a fantastic first week at Dean Field.
	Asmaria B	For producing brilliant art work this week.
Ireland Year 6	Annalise H	For superb mountain research in geography.
	Ashton J	For always trying hard and achieving a fantastic score in his reading assessment.