

Dear Parents/Carers,

### Head Boy and Girl meeting

This week, I have met with my Head Boy Vihaan and his deputy Lucas, along with Head Girl Jessica and her deputy Asmaria. I was blown away by their commitment and dedication to supporting other pupils in school.

They have thought of and organised (all on their own), different lunchtime clubs that they could lead for the other pupils at Dean Field; for example Art Club, Homework Club, Basic Skills Club (handwriting and spelling) and Maths Club. They decided they would create posters and speak in assembly next week to advertise these clubs along with speaking with teachers to see which children may benefit from them.



The skills they showed in planning this were amazing: team work, organization, responsibility and forward thinking. Definitely teachers and leaders of the future!

Mrs F. Pether

### Staff Training

This week has been all about **transcription**, which covers the skills needed for writing. For example spelling, punctuation and grammar.

Miss Brambani has led training for both teachers and support staff on transcription this week.

We have a relentless focus on the basics in writing at Dean Field to ensure all children in the Early Years and KS1 have the skills needed to write and therefore access the rest of the curriculum.

We are tightening up and focusing on spelling and handwriting in all year groups but particularly in EYFS and KS1.

### How can parents help?

Support your child to practice their spellings each week.

Read with your child daily.

Use the RWI information posted for your child on Seesaw to support them with their phonics.

Practice handwriting with your child using information posted on Seesaw about how we form and joint letters.

# ONLINE SAFETY

## What Parents & Educators Need to Know about

# TIKTOK

NOT RECOMMENDED  
**13+**  
(Certain features are restricted to users 18+ only)

### WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

### AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be innocuous, but the app could potentially show something unsuitable if children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

### BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

### IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £0.99 to an eye-watering £99, while that may not sound appealing, the app still generated £7.8 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

### CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially on accounts created by over-18s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

### MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more lighthearted than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

### ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app, that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

## Advice for Parents & Educators

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

### DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

### BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

### READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

### Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College



### Times Tables Rock Stars Whole Trust Competition



Monday 20th January - Thursday 23rd January

We are taking part in a whole Trust TTRS competition next week!!

The competition starts on Monday and finishes on Wednesday (Next week, 20th Jan - 23rd Jan)

Points can be earned between the hours of 7.30am - 8pm.

Children will be given some time to play TTRS in school as well as logging on and playing at home

Points earned in this competition will also count towards our own termly competitions.

Everyone from years 1-6 can take part.  
We're in it to win it and maintain our winning title!

Go Dean Field!

**Winners will be announced on Friday 24<sup>th</sup> January 2025**



# Number Day

CELEBRATING  
25 YEARS

On Friday the 7<sup>th</sup> February we will be celebrating NSPCC Number Day.

It is a special one this year as it is in its 25<sup>th</sup> Anniversary.

We will be asking for children to come dressed up as anything maths or number related. It could be something as simple as a T-Shirt with a number on, a handmade T-Shirt or whatever you can think of related to maths or number.

We will also be asking for an optional donation of 50p to be brought in with the children and given to their class teacher in order to raise funds for the NSPCC.

The children will be taking part in maths activities over the course of the morning on Friday 7<sup>th</sup> February 2025 and we will also be having a Maths themed Gold Book.

We look forward to seeing your costume!

## School Games Competition

On Monday 13th January, 6 children from Dean Field took part in the Panathlon SEND Bowling competition. They were fantastic ambassadors for our school with impeccable manners. The icing on the cake was that they came in 3rd place for the competition!

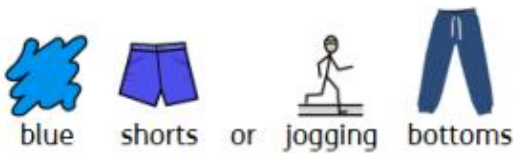
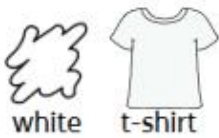
Well done to all involved. You did us proud!



## Dean Field PE kit



For every PE lesson, you should be wearing:



After school clubs and Friday clubs, you should be wearing any sporting attire such as:



## Whole School Values

As a school, our vision is 'Learning without Limits' and being guided by our school values.



This half term's focus value is ...

**Determination and Perseverance**



# Dean Field Nursery

**If you have applied for a September 2025 Reception place at Dean Field please speak to the office about our Nursery Provision. We have places available in Nursery that will improve your chances of a place in Reception. Please contact the school office on 01422 258258 to register.**

## What we offer

- ✦ Safe, secure & stimulating environment
- ✦ Fully equipped indoor and outdoor space
- ✦ Fun and sociable experiences
- ✦ Fully qualified, friendly and caring staff
- ✦ Up to date resources and equipment
- ✦ Nurturing transition to our school
- ✦ Hot meals available
- ✦ Free and daily fruit, milk and tooth brushing
- ✦ Whole school involvement to prepare for starting Reception with their class mates
- ✦ Trips and exciting opportunities including animal workshops



## When to apply

Apply when your child turns 2 years old. Children start nursery the term after they turn 3 years old.

## When will my child start Nursery?

- If your child turns 3 between 1 September and 31 December – **Term starting on or after 1 January**
- If your child turns 3 between 1 January and 31 March – **Term starting on or after 1 April**
- If your child turns 3 between 1 April and 31 August – **Term starting on or after 1 September**





## School Lottery

So far we have raised a huge £3000 through the School Lottery. If you would like to support our school and help us raise funds to provide extra resources for the children, improve the school environment and organise extracurricular activities such as music, art and sport please sign up and be in with a chance of winning the super draw or £1000 cash!

Cash prizes are guaranteed weekly for one player locally plus money for school. You can also win up to £25,000!

Follow the link to sign up— <https://www.yourschoollottery.co.uk/play>.

**Enter our  
Super Draw**

**Win a £1,000 Aldi Gift Card**

**OR £1,000 CASH PRIZE**

**ALDI**

**YOUR SCHOOL LOTTERY**

Learning Without Limits

**Dean Field**  
Community Primary School

## Week commencing Monday 20th January

3		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option		Chicken Nuggets 5	Sausage 5	Fish Fingers 2, 5	Homemade Chicken Pie 5, 10, 12 Chicken Sausages 5	Pizza 5, 10
		Vegetable Pasta Bake 5, 10	Quorn Nuggets 5	Homemade Vegetable Curry Rice	Vegan Rolls 4, 5	Homemade Creamy Broccoli Pasta 5, 10
Vegetables		Ziggy Fries Beans Sweetcorn	Mashed Potato 8, 10 Spaghetti 5 Mixed Veg	Potato Puffs Sweetcorn Broccoli	Roast Potatoes Carrots Cauliflower	Potato Cubes 5 Beans Peas
Served Daily	Jacket Potatoes with various fillings Salad Bar Selection of Sandwiches Allergies for the daily items available on request					
Dessert		Sweet Waffles 4, 5, 10, 12	Treacle Sponge 5, 10, 12 Custard 10	Parkin 5, 10, 12	Chocolate Sponge 5, 10, 12 Custard 10	Assorted Fresh Baking 5, 10, 12
		Chocolate Swirls 10	Assorted Biscuits 5, 10, 12	Cheesecake 5, 10	Jelly	Vanilla Ice Cream 10



# UTOPIA

17th Feb - 22nd Feb

FROM £24 PER DAY

8AM - 3:30PM FOR AGED 5+ YEARS

## UTOPIA HOLIDAY CAMP



**GYMNASTICS**



**GAMES**



**FUN**



**CRAFTS**

### WHAT WE OFFER

**Ofsted**  
Registered

**CHILDCARE VOUCHERS ACCEPTED**

- BREAKFAST INCLUDED
- GYMNASSTICS & DANCE
- GAMES & CRAFTS
- LATE PICKUP OPTION AVAILABLE
- FULLY QUALIFIED & DBS CHECKED STAFF

[www.utopiaactive.co.uk](http://www.utopiaactive.co.uk)    03300 580 973

## Oral Health For Your Child

**West Yorkshire Healthier Together** website provides lots of information to help you keep your child safe and well. This includes how to look after your baby or child's teeth. Please scan the QR code below to access support and information, or visit the website.



[www.wyhealthiertogether.nhs.uk/parentscarers/oral-health](http://www.wyhealthiertogether.nhs.uk/parentscarers/oral-health)

Visit the site online at

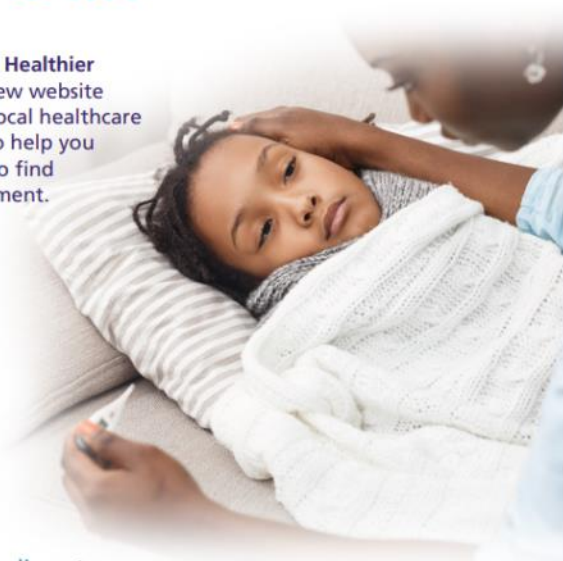
[www.wyhealthiertogether.nhs.uk](http://www.wyhealthiertogether.nhs.uk)

Scan the QR code  
with a smart phone  
to view the website



## Worried your child is ill?

**West Yorkshire Healthier Together** is a new website developed by local healthcare professionals to help you decide where to find advice or treatment.



Visit the site online at  
[www.wyhealthiertogether.nhs.uk](http://www.wyhealthiertogether.nhs.uk)

Scan the QR code  
with a smart phone  
to view the website



# An update on WELLBEING FOR SCHOOL PARENTS

From [inourplace.co.uk](http://inourplace.co.uk)  
An NHS learning space developed by psychologists



## January 2025

inourplace is funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Here's a quick round up of what we think is great on [inourplace](http://inourplace) this month.

### Why so sensitive? Teenage brain changes

### For teens: Brain changes, big feelings and relationships



#### Understanding your teenager's brain

For parents of teens and pre-teens to understand the major brain development in adolescence and how to keep connected

[\(bitesize e-learning\)](#)



#### Understanding your brain (for teenagers only!)

For teens and pre-teens to learn about brain development, why sleeping later is normal and keeping calm is harder

[\(bitesize e-learning\)](#)

### A wellbeing guide a SEND parents

### Autism and emotional wellbeing



#### Understanding your child with additional needs

Your space for thinking about parenting with specialist information for neurodiversity and/or other SEND wellbeing and support for your child

[\(bitesize e-learning\)](#)



#### What do parents of autistic children need to know about emotional health?

The Psychologist's view

[\(2 minute watch\)](#)

### Confident in your vaccination choices?

### Understanding big feelings for small people



#### Navigating parental decisions: vaccinations and other health choices



#### Understanding your child's feelings - a taster

## DIARY DATES

DATE	EVENT
Tuesday 21st January	Year 5 Headingley Water Trip
Tuesday 21st January	Family Learning Year 1
Tuesday 28th January	Young Voices Choir Trip
Wednesday 29th January	Reception Sea Life Centre Trip

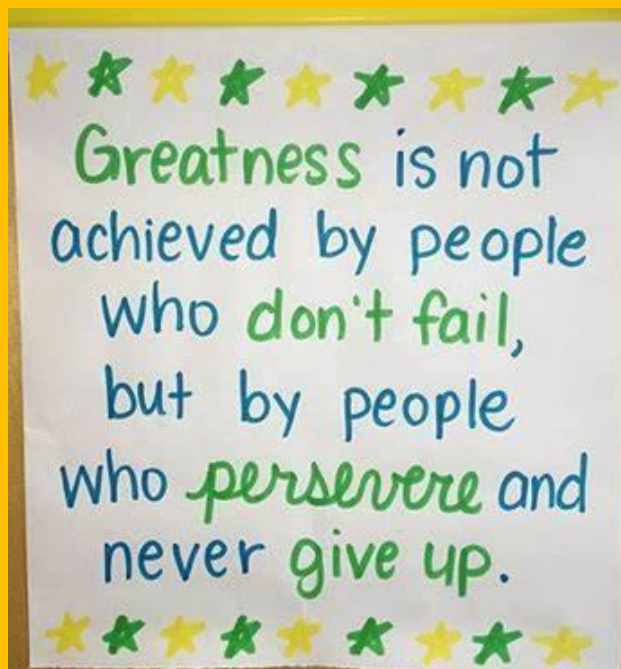
**REMINDER:** All school fees, dinner money, extended provision and Nursery fees need to be paid in advance.

We do not offer any credit and there are no exceptions.

**REMINDER:** We are a nut free school and we would appreciate that any lunchboxes do not include nut products to protect the children in school with nut allergies.



**REMINDER:** If your child has asthma please ensure they have an inhaler in school and you have filled out a medical form at the school office. Thank you.



## Accelerated Reader – Reading Achievements this week



Australia	82%
Poland	81%
Kenya	83%
Brazil	96%
Ireland	76%

You could help increase your class percentage by doing some extra reading on myON! There are thousands of books for you to choose from! If you need a reminder of your login details, please speak to your teacher. Visit <https://www.myon.co.uk/login/> to start reading!

### This Weeks Attendance

Group	% Attendance
Mexico	93%
China	97.2%
Australia	95%
Poland	97.3%
Kenya	89.6%
Brazil	89.3%
Ireland	92.7%
<b>Total</b>	<b>93.6%</b>

Congratulations to Poland class who had the highest attendance in the school this week. Well done to China class for coming second. I am seriously concerned of classes who are below 96%. Meetings with parents of children who are of concern will occur.

If your child is absent from school please contact the school office on 01422 258258 before 9.00am.

It is important we are aware of the reason for your child/children's absence. It becomes a safeguarding concern if parents do not inform school when their child/children are absent. Please contact the school office on the first day of absence before 9am stating reasons for any absence. This will avoid absences being recorded as unauthorised.

If you have any concerns or questions surrounding your child/children's attendance please do not hesitate to contact me.

Many thanks,  
Loraine Stansfield, Pastoral Manager

# CELEBRATION ASSEMBLY

Mexico Reception	Sebastian S	For using his creative/imagination skills to create his own game
	Maddox E	Thinking of others feelings when playing in and area/sharing
China Year 1	Leo F	For a fantastic first full week at Dean Field
	Violet W	For making consistent good choices since the start of this half term.
Australia Year 2	India-Mae A	For your superb Maths work this week.
	Rocco S	For your engagement in all lessons
Poland Year 3	Keall A	For your improved effort in all lessons.
	Amelia FO	For always trying your best.
Kenya Year 4	Kaiden N	For having lots of confidence this week starting in a new school.
	Louis D	For settling into Dean Field and for an amazing week.
Brazil Year 5	Deacon TF	For an improved attitude to learning and supporting his peers.
	Isaac P	For always showing outstanding manners.
Ireland Year 6	Lewis S	For an outstanding improvement in handwriting and presentation.
	Hezekiah O	For being an all round superstar.