

Friday 31st January 2025

Dear parents/carers,

A reminder of who is here to help you...

Your first point of contact should always be your child's class teacher. You can message them on Seesaw to arrange a convenient time to meet. Unfortunately teachers do not have time at the start of the school day to meet with parents (unless you have made arrangements to do so.) We always recommend organising a time before hand with the teacher and for anything that needs passing on this can be done over Seesaw or quickly at the door in the morning or at the end of the school day.

Miss Clay is our school SENDCo. To arrange to meet her to discuss anything relating to Special Educational Needs you can message her on Seesaw or make an appointment with her at the school office. There is information relating to SEND on our school website and Miss Clay sends out regular SEND newsletters.

If your child is in Nursery or Reception and you need to escalate a concern Miss Brambani oversees EYFS and will be happy to talk with you.

Miss Brambani is also our Lower School Phase Leader (years 1-3) and Mrs Hussain is our Upper School Phase Leader (years 4-6).

If you have spoken with the class teacher or phase leader and still need support, I am always available either on Seesaw or via the school office.

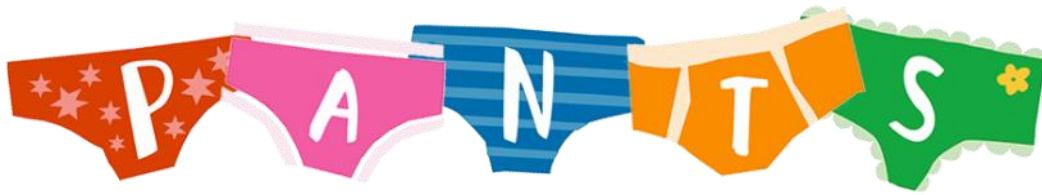
Mrs Stansfield our Pastoral Manager and Miss Farrell our Pastoral Learning Mentor are around at the start and end of the school day should you need any support with anything relating to home or school.



Have a great weekend.

Mrs F Pether

SAFEGUARDING



Privates are private—Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.

Always remember your body belongs to you—Your body belongs to you. No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see, or tries to touch you, underneath your underwear, say 'NO' – and tell someone you trust and like to speak to. No one has the right to make you do anything that makes you feel uncomfortable. If somebody does make you do something, it is never your fault. Even if the person who has made you feel uncomfortable, has told you it is your fault.

No means no—No means no and you always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'no', it's your choice.

Talk about secrets that upset you—There are good and bad secrets. Good secrets can be things like surprise parties or presents for other people. Bad secrets make you feel sad, worried or frightened. You should always talk to a safe adult who you trust about a bad secret or anything that doesn't feel right.

Speak up, someone can help—Talk about stuff that makes you worried or upset. If you ever feel sad, anxious or frightened you should talk to a safe adult who you trust. This doesn't have to be a family member. It can also be a teacher or a friend's parent or even Childline.

Talking should not get you into trouble, even if somebody has told you it will. If something has happened that makes you feel uncomfortable, it is never your fault.

ONLINE SAFETY

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Meet Our Expert

Adam Gilbert is Associate Vice-Principal for Personal Development at Peristone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



The National College

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Mexico's Visit to The Sea Life Centre

Reception class had an amazing time at Sea Life Manchester this week. We saw lots of sea creatures and even got to touch a real life Jellyfish! The children were all amazingly behaved and represented Dean Field School so well. We can't wait to use all of the facts learnt on our day out in our class work next week.

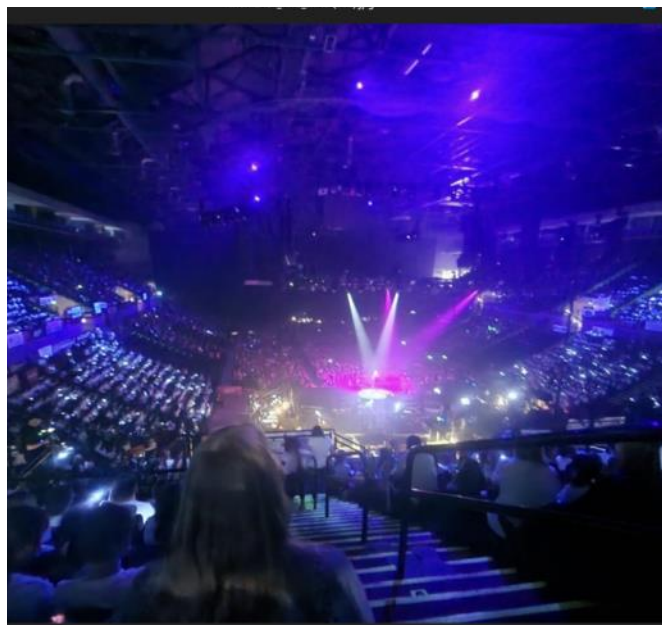


Young Voices

On Tuesday, 26 children from year 4-6 attended the Young Voices 2025 concert at Sheffield Arena. The children have been practicing since September to make sure they were concert ready.

The children sang all the songs in front of their family and friends. All of them represented Dean Field to the highest standard.

Huge thank you to Miss Lees who has organised the trip and supported the children through rehearsals.





Number Day

CELEBRATING
25 YEARS

On Friday the 7th February we will be celebrating NSPCC Number Day.

It is a special one this year as it is in its 25th Anniversary.

We will be asking for children to come dressed up as anything maths or number related. It could be something as simple as a T-Shirt with a number on, a handmade T-Shirt or whatever you can think of related to maths or number.

We will also be asking for an optional donation of 50p to be brought in with the children and given to their class teacher in order to raise funds for the NSPCC.

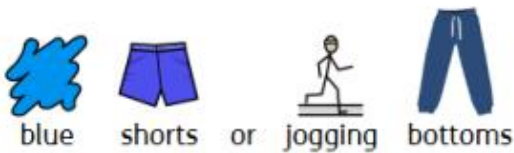
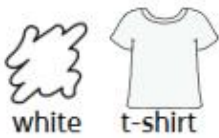
The children will be taking part in maths activities over the course of the morning on Friday 7th February 2025 and we will also be having a Maths themed Gold Book.

We look forward to seeing your costume!

Dean Field PE kit



For every PE lesson, you should be wearing:



After school clubs and Friday clubs, you should be wearing any sporting attire such as:



Whole School Values

As a school, our vision is 'Learning without Limits' and being guided by our school values.



This half term's focus value is ...

Determination and Perseverance



Dean Field Nursery

If you have applied for a September 2025 Reception place at Dean Field please speak to the office about our Nursery Provision. We have places available in Nursery that will improve your chances of a place in Reception. Please contact the school office on 01422 258258 to register.

What we offer



- ✦ Safe, secure & stimulating environment
- ✦ Fully equipped indoor and outdoor space
- ✦ Fun and sociable experiences
- ✦ Fully qualified, friendly and caring staff
- ✦ Up to date resources and equipment
- ✦ Nurturing transition to our school
- ✦ Hot meals available
- ✦ Free and daily fruit, milk and tooth brushing
- ✦ Whole school involvement to prepare for starting Reception with their class mates
- ✦ Trips and exciting opportunities including animal workshops



When to apply

Apply when your child turns 2 years old. Children start nursery the term after they turn 3 years old.



When will my child start Nursery?

- If your child turns 3 between 1 September and 31 December – **Term starting on or after 1 January**
- If your child turns 3 between 1 January and 31 March – **Term starting on or after 1 April**
- If your child turns 3 between 1 April and 31 August – **Term starting on or after 1 September**



School Lottery

So far we have raised a huge £3000 through the School Lottery. If you would like to support our school and help us raise funds to provide extra resources for the children, improve the school environment and organise extracurricular activities such as music, art and sport please sign up and be in with a chance of winning the super draw or £1000 cash!

Cash prizes are guaranteed weekly for one player locally plus money for school. You can also win up to £25,000!

Follow the link to sign up— <https://www.yourschoollottery.co.uk/play>.

**Enter our
Super Draw**

Win a £1,000 Aldi Gift Card

OR £1,000 CASH PRIZE

ALDI

YOUR SCHOOL LOTTERY

Learning Without Limits

Dean Field
Community Primary School

Week commencing Monday 3rd February

		School Meals Menu - Week 2							
2		Monday	Tuesday	Wednesday	Thursday	Friday			
Hot Meal Option		Southern Fried Chicken Goujons 1, 5	Sausages 5 Gravy	Battered Fish 2, 5	Roast Chicken Dinner Yorkshire Puddings 5, 10, 12	Pizza 5, 10			
		Tomato Pasta 5, 10	Homemade Onion Bhaji Samosas 5 Savoury Rice	Homemade Cheese & Onion Pie 5, 10, 12	Quorn Sausages 5	Homemade Macaroni Cheese 5, 10 Garlic Bread 5, 10, 14			
Vegetables		Potato Puffs Spaghetti 5 Peas	Potato Wedges Broccoli Sweetcorn	Chips Mushy Peas	Roast Potatoes Broccoli Carrots	Potato Cubes 5 Beans Sweetcorn			
Served Daily	Jacket Potatoes with various fillings Salad Bar Selection of Sandwiches Allergies for the daily items available on request								
Dessert		Assorted Biscuits 5, 10, 12	Iced Cake 5, 10, 12	Cupcakes 5, 10, 12	Jam Sponge 5, 10, 12 Custard 10	Assorted Fresh Baking 5, 10, 12			
		Strawberry Swirls 10	Jelly	Cornflake Buns 4, 5, 10	Angel Delight 10	Chocolate Ice Cream 10			





**17th Feb -
22nd Feb**

**FROM £24
PER DAY**

**8AM - 3:30PM
FOR AGED 5+
YEARS**





GYMNASTICS



GAMES



FUN



CRAFTS

WHAT WE OFFER

Ofsted
Registered

**CHILD CARE VOUCHERS
ACCEPTED**

- BREAKFAST INCLUDED
- GYMNASICS & DANCE
- GAMES & CRAFTS
- LATE PICKUP OPTION AVAILABLE
- FULLY QUALIFIED & DBS CHECKED STAFF

www.utopiaactive.co.uk 03300 580 973



Calling all young people

Free holiday activities and food sessions

HALF TERM FUN

17th February - 21st February 2025

Join #HealthyHolidaysCalderdale for a variety of activities during February Half Term!

HEALTHY HOLIDAYS CALDERDALE

Calderdale Council

ACTIVE CALDERDALE

COMMUNITY FOUNDATION FOR CALDERDALE



HALF TERM FUN

This is your chance to take part in **free, fun** activities during the half term holidays! Scan the QR code to find out what activities are available to book.

Find out what's on and book your place at...www.calderdale.gov.uk/healthyholidays

Whether it's abseiling or caving, drama or dance there is something for everyone.

Calderdale Council are providing free activities for young people eligible for free school meals aged 5-16.

Calderdale's Healthy Holidays Half Terms provides enriching activities, delicious nutritious meals, and a chance for young people to meet new friends in a safe & fun environment, during the school holidays.

Calling all 5-16s on Free School Meals - Book your place now!



DIARY DATES

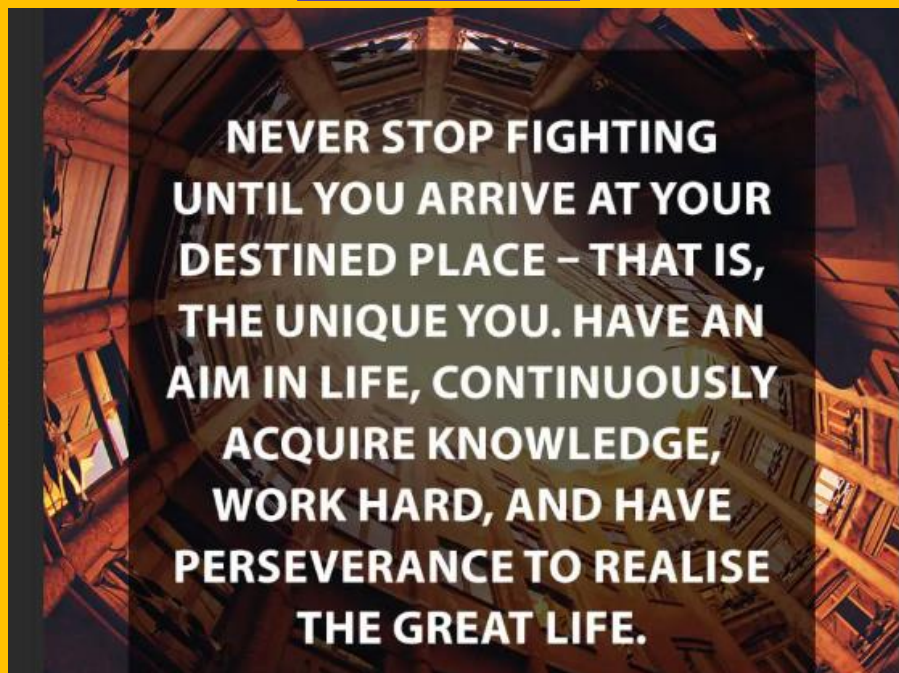
DATE	EVENT
Monday 3rd February	CAHMS parents workshop
Friday 7th February	Reception Pirate Party
Friday 7th February	NSPCC Number day
Thursday 13th February	School Photography—Class Photos

REMINDER: All school fees, dinner money, extended provision and Nursery fees need to be paid in advance.
We do not offer any credit and there are no exceptions.
Please pay fees on time.

REMINDER: We are a nut free school and we would appreciate that any lunchboxes do not include nut products to protect the children in school with nut allergies.



REMINDER: If your child has asthma please ensure they have an inhaler in school and you have filled out a medical form at the school office. Thank you.



Accelerated Reader – Reading Achievements this week



AR Results:

Australia 82%
Poland: 77%
Kenya: 87%
Brazil: 75%
Ireland: 88%

You could help increase your class percentage by doing some extra reading on myON! There are thousands of books for you to choose from! If you need a reminder of your login details, please speak to your teacher. Visit <https://www.myon.co.uk/login/> to start reading!

Evolve First Aid System

The new first aid system is now live so please check your junk email and update us if you change your email address.

Bumped head texts will no longer be sent as every incident will be emailed to parents and no paper slips will be sent home.

School will continue to ring parents if we feel further information needs passing on or in the event of further medical treatment needed.

Thank you for your cooperation.

EVOLVEaccidentbook

Group	% Attendance
Mexico	93.3%
China	92.1%
Australia	98.7%
Poland	92.3%
Kenya	86.3%
Brazil	97.1%
Ireland	97.3%
Total	93%

This Weeks Attendance

Congratulations to Australia class who had the highest attendance in the school this week. Well done to Ireland class for coming second. I am seriously concerned of classes who are below 96%. Meetings with parents of children who are of concern will occur.

If your child is absent from school please contact the school office on 01422 258258 before 9.00am.

It is important we are aware of the reason for your child/children's absence. It becomes a safeguarding concern if parents do not inform school when their child/children are absent. Please contact the school office on the first day of absence before 9am stating reasons for any absence. This will avoid absences being recorded as unauthorised.

If you have any concerns or questions surrounding your child/children's attendance please do not hesitate to contact me.

Many thanks,
Loraine Stansfield, Pastoral Manager



GOLD BOOK



CELEBRATION ASSEMBLY

Mexico Reception	Willow B	Overcoming nerves about going on the trip and being a fabulous ambassador for the school.
	Sebastian S	Fabulous listening and behaviour on the trip.
China Year 1	Daisy L	For contributing in all lessons and for always showing the Dean Field values.
	Vanessa A	For paying attention in our Design and Technology lessons and producing a fantastic finished piece of work.
Australia Year 2	Violet C	For being helpful and kind to all.
	Edith G	For fantastic writing and presentation.
Poland Year 3	Lilly-Jo F	Being a fantastic role model in class.
	Jordan C	Always doing the right thing and making fantastic choices.
Kenya Year 4	Alex W	For the huge improvement in hand-writing.
	Joshua S	For the excellent introduction paragraph for his Antarctic Survival Guide.
Brazil Year 5	Amelia H	For her fantastic participation during young voices.
	Summer-Rae B	For supporting and helping her peers.
Ireland Year 6	Sarah A	For exemplary behaviour and attitudes at <u>all</u> times.
	Lilly-Rose C	For exemplary behaviour and attitudes at <u>all</u> times.