



RE Unit 6.1 How do Sikhs Show Commitment?

Top Vocabulary

Guru Gobind Singh - is the last of the ten Gurus. He is the one who transformed the Sikh faith.

Guru Granth Sahib - is the name of the Sikh holy book.

Khalsa - the Khalsa is the collective body of all initiated Sikhs.

Amrit - is the ceremony where a Sikh person becomes a part of the Khalsa

Sewa - means 'selfless service'. It involves acting selflessly and helping others in a variety of ways, without any reward or personal gain.

Langar - is a community kitchen and, as part of it, free vegetarian food is served in the kitchens of a Gurdwara (a Sikh temple) every day.

The 5Ks

Kesh - uncut hair	Kangha - comb	Kara - wristband	Kachera - short trousers	Kirpan - sword
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Khandra symbol - is the symbol of the Sikh faith

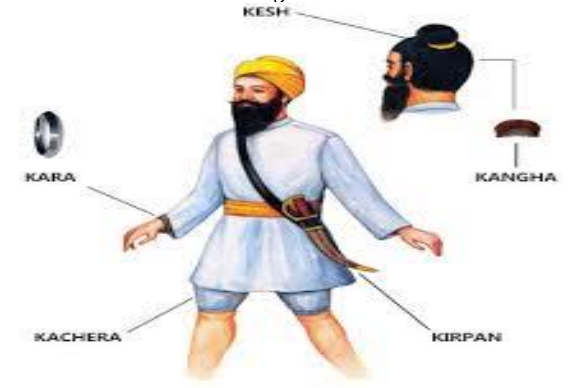
Values are things that we believe are important and show this by the way we act.



Sikhs demonstrate commitment through daily religious observance.



The Five K's are the markers of Sikh identity, and they consist of: uncut hair, a short sword or knife, a steel wristband, a wooden comb, and shorts worn as an undergarment.



Amrit is the ceremony where a Sikh person becomes a part of the Khalsa.



The Khalsa wear the 5ks as a sign of commitment.

Initiated Sikhs carry a kirpan and it symbolises how they should be willing to die for their faith.



Sikhism teaches about Sewa. It means 'selfless service' and involves helping others without any reward or personal gain.

