



Get Set 4 Education

Knowledge Organiser Football Year 3

About this Unit

Football is an invasion game where two teams play against each other. The main goal is to invade the other team's space and score goals. In this unit, you will learn important attacking skills like dribbling, passing, shooting, as well as defending skills such as tracking and intercepting. We'll also focus on teamwork to apply tactics and move the ball towards goal and score.

Sometimes you will be asked to manage your own games. Keys to doing this successfully are:



Follow the rules.



Be honest.



Be kind to others.

Can you think of any other invasion games that share these principles?



Invasion Games Key Principles	
attacking	defending
score goals	stop goals
create space	deny space
maintain possession	gain possession
move the ball towards goal	

Key Vocabulary



accurate: successful in reaching the intended target

attack: the offensive action of trying to score goals or points

communicate: share information

control: being able to perform a skill with good technique

defend: try to limit the opposition scoring by marking a space or player to gain possession

delay: to slow an object or player

intercept: to gain possession of the ball

invasion: a game of two teams who invade each other's space to score goals

pitch: the space used for the game

possession: to have

shoot: to send the ball towards the goal

referee: the person who makes sure the rules are followed

tactics: a plan that helps you to attack or defend

teamwork: working with others to achieve

tournament: a competition of more than two teams

track: to move your body to get in line with a ball that is coming towards you

Ladder Knowledge



Sending & receiving:

Point your kicking foot to your target when sending the ball to help to send it accurately.

Dribbling:

Dribbling is an attacking skill which helps you to move towards a goal or away from defenders.

Space:

Spreading out as a team will help to move the defenders away from each other.

Attacking:

As an attacker you need to maintain possession and score goals.

Defending:

As a defender you need to stop the opposition and gain possession.

Movement Skills

- run
- dribble
- pass
- receive
- track

This unit will also help you to develop other important skills.

Social
Emotional
Thinking

co-operation, communication, respect, listening

determination, honesty, fairness, persevere

make decisions, comprehension, select and apply skills, tactics

Rules

- No fouling (not too much contact - pushing etc). Fouls result in a free kick for the opposition.
- If the ball goes off the sides of the pitch the opposition have a 'kick-on'.
- If the ball leaves the pitch next to the goal, it is a goal kick (no corners in this unit).
- When the team starts with the ball (goal kick), the opposition must begin next to their goal.
- When a goal is scored, the opposition restarts the game with a goal kick.

Tactics

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals..

Healthy Participation



- Make sure any unused equipment is stored in a safe place.

If you enjoy this unit why not see if there is a football club in your local area.



How will this unit help your body?

agility, balance, co-ordination, speed, stamina

Home Learning



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Roll Goal



What you need: at least 2 players, a ball, 4 markers

How to play:

Set up a goal approx. 2 metres wide with two markers marking corners. Take turns to roll the ball into the goal. A shot through the centre of the goal is 1 point, scoring in a corner is 2 points and missing the target is 0.

The ball must fully pass the goal line to count as a goal.

Now shoot using feet, aiming to score 1 or two points. Make it harder by having one person stand in the goal as the goalkeeper

Top tip: use your faces to gain power or the side of your foot for a more accurate shot.



www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit.



@getset4education136