

9,01	E .	Autumn 1 8 weeks	Autumn 2 7 weeks	Spring 1 6 Weeks	Spring 2 6 weeks	Summer 1 5 Weeks	Summer 2 6 Weeks
Recention		Fundamentals – unit 1 F.M.S  Key skills: Physical: rolling a ball, stopping a rolling ball, throwing at a target, bouncing a ball, dribbling a ball with feet, kicking a ball  Social: co-operation, supporting others  Emotional: honesty, perseverance  Thinking: using tactics, decision making	Fundamentals – unit 2 F.M.S  Key skills: Physical: hopping, galloping, skipping, sliding, jumping, changing direction, balancing, running  Social: working safely, responsibility, working with others  Emotional: managing emotions, challenging myself  Thinking: selecting and applying actions	Ball skills – Unit 1 Games  Key skills: Physical: rolling a ball, stopping a rolling ball, throwing at a target, bouncing a ball, dribbling a ball with feet, kicking a ball Social: co-operation, supporting others Emotional: honesty, perseverance Thinking: using tactics, decision making	Ball skills – unit 2 Games  Key skills:  Physical: rolling a ball, tracking a ball, throwing at a target, bouncing a ball, dribbling a ball with feet, kicking a ball  Social: co-operation, sharing and taking turns  Emotional: determination  Thinking: using tactics, decision making	Mance -Anna James  Key skills: Perform simple sequences of movement combining actions with changes in speed and changes in level with a partner.  To perform in front of a larger audience	Gymnastics – unit 2 Body Management  Key skills: Physical: shapes, balances, jumps, rock and roll, barrel roll, straight roll, progressions of a forward roll, travelling  Social: leadership, taking turns, helping others  Emotional: determination  Thinking: selecting and applying skills, creating sequences



	Fundamentals	Sending and receiving	Striking and Fielding	Dance -Anna James	Athletics	Gymnastics
	F.M.S	Games	Games		F.M.S	Body Management
				Key skills:		
	Key Skills:	Key Skills:	Key Skills:	Perform simple sequences of	Key Skills:	Key Skills:
	Physical: balancing, sprinting,	Physical: rolling, kicking,	Physical: throwing,	movement combining actions		Physical: travelling actions,
	jogging, dodging, jumping,	throwing, catching,	catching, retrieving a ball,	with changes in speed and	Physical: running at varying	shapes, balances, jumps,
	hopping, skipping	tracking	tracking a ball, striking a	changes in level with a	speeds, agility, balance,	barrel roll, straight roll,
			ball	partner.	jumping, hopping and	forward roll progressions
	Social: taking turns,	Social: taking turns,			leaping in combination and	
	supporting and encouraging	supporting and	Social: communication,	To perform in front of a larger	for distance, throwing for	Social: sharing, working
ar 1	others, working safely,	encouraging others,	supporting and	audience	distance	safely
Ϋ́e	communication	respect, communication	encouraging others,			
			consideration of others		Social: working safely,	Emotional: confidence
	Emotional: challenging	Emotional: challenging			collaborating with others	
	myself, perseverance,	myself, perseverance,	Emotional: perseverance,			Thinking: observing and
	honesty	honesty, being happy to	honesty and fair play		Emotional: working	providing feedback,
		succeed			independently, honesty and	selecting and applying
	Thinking: selecting and		Thinking: using tactics,		playing to the rules,	actions
	applying, identifying	Thinking: transferring	selecting and applying		determination	
	strengths, listening and	skills	skills, decision making			
	following instructions				Thinking: exploring ideas	

	Dance -Anna James	Net and Wall games	Invasion Games	Athletics	Dance -Anna James	Striking and Fielding
		Games	Games	F.M.S		Games
	Key skills:				Key skills:	
	Perform simple sequences of	Key skills:	Key Skills	Key skills:	Perform simple sequences	Key skills:
	movement combining actions	Physical: throwing,	Physical: dribble, throw,	Physical: running at different	of movement combining	Physical: throwing and
	with changes in speed and	catching, racket skills,	catch, kick, receive, run,	speeds, jumping for distance,	actions with changes in	catching, tracking a ball,
	changes in level with a	ready position, hitting a	jump, change direction,	throwing for distance	speed and changes in level	bowling, batting
	partner.	ball	change speed		with a partner.	
				Social: working safely,		Social: communication,
	To perform in front of a larger	Social: support, co-	Social: communication,	collaborating with others	To perform in front of a	collaboration
	audience	operation, respect,	kindness, support others,		larger audience	
		communication	co-operation, respect,	Emotional: working		Emotional: honesty,
	Ball skills		collaborate	independently, determination		acceptance, controlling
	Games	Emotional: perseverance,				emotions
	V 1:11	honesty	Emotional: empathy,	Thinking: observing and		
	Key skills:	This lite and a state of	perseverance, honesty,	providing feedback, exploring		Thinking: select and apply,
Year 2	Physical: roll, track, dribble	Thinking: decision making, reflection,	integrity, independence	ideas		using tactics, decision
\ Ke3	with feet, kick, throw, catch, dribble with hands	comprehension, selecting	Thinking: creativity, select			making
	dribble with hallus	and applying	and apply,			Dance -Anna James
	Social: inclusion,		comprehension, problem			Dance -Anna James
	communication,	Dance -Anna James	solving, provide feedback			Key skills:
	collaboration, leadership	Dance -Anna James	Solving, provide recuback			Perform simple sequences
	Emotional: independence,	Key skills:	Dance -Anna James			of movement combining
	honesty, perseverance,	Perform simple				actions with changes in
	determination	sequences of movement	Key skills:			speed and changes in level
		combining actions with	Perform simple sequences			with a partner.
	Thinking: comprehension,	changes in speed and	of movement combining			
	select and apply skills, use	changes in level with a	actions with changes in			To perform in front of a
	tactics	partner.	speed and changes in level			larger audience
			with a partner.			
		To perform in front of a				
		larger audience	To perform in front of a			
			larger audience			



	OAA	Dance - Anna James	Football	Dance - Anna James	Athletics	Dance -Anna James
			Games		F.M.S	
	Key skills:	Key skills:		Key skills:		Key skills:
	Physical: balance, running	Perform simple	Key skills:	Perform simple sequences of	Key skills:	Perform simple sequences
		sequences of movement	Physical: dribbling,	movement combining actions	Physical: sprinting, jumping	of movement combining
	Social: communication,	combining actions with	passing, ball control,	with changes in speed and	for distance, push and pull	actions with changes in
	teamwork, trust, inclusion,	changes in speed and	tracking/jockeying,	changes in level with a	throwing for distance	speed and changes in level
	listening	changes in level with a	turning, receiving	partner.		with a partner.
m		partner.			Social: working	
Year	Emotional: confidence		Social: communication,	To perform in front of a larger	collaboratively, working	To perform in front of a
^		To perform in front of a	collaboration, cooperation	audience	safely	larger audience
	Thinking: planning, map	larger audience				
	reading, decision making,		Emotional: honesty,		Emotional: perseverance,	
	problem solving		perseverance		determination	
			Thinking: selecting and		Thinking: observing and	
			applying tactics, decision		providing feedback	
			making			



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	Dance - Anna James	Tag Rugby	Dance - Anna James	Athletics		OAA
		Games		F.M.S	Gymnastics	
					Body Management	Key skills:
	Key skills:	Key skills:	Key skills:	Key skills:		Physical: balance, dodging,
	Perform simple sequences of	Physical: passing,	Perform simple sequences	Physical: pacing, sprinting		running
	movement combining actions	catching, dodging,	of movement combining	technique, jumping for	Key Skills	
	with changes in speed and	tagging, scoring	actions with changes in	distance, throwing for	Physical: individual and	Social: communication,
	changes in level with a		speed and changes in level	distance	partner balances, rotation	teamwork, trust, inclusion,
	partner.	Social: communication,	with a partner.		jumps, straight roll, barrel	listening
		collaboration, inclusion	·	Social: working	roll, forward roll, straddle	
	To perform in front of a larger		To perform in front of a	collaboratively, working safely	roll, bridge, shoulder stand	Emotional: confidence,
	audience	Emotional: honesty and	larger audience	,, ,	, ,	resilience, determination,
		fair play, perseverance,		Emotional: perseverance,	Social: work safely,	honesty, integrity
		confidence		determination	determination,	
		Communication	Rounders	accerninación	collaboration,	Thinking: planning, map
		Thinking: nlanning		Thinking: observing and		
			Games	_	communication, respect	_
			Kov skills:		Emotional: confidence	tactics, problem solving
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Yes		providing reedback	•		perseverance	
			<u> </u>		-1	
					_	
			ball, batting			
					-	
					improve	
			supporting and			
			encouraging others			
			Emotional: honesty and			
			fair play, confident to take			
			risks, managing emotions			
			Thinking: observing and			
			, ,			
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Year 4		Thinking: planning strategies and using tactics, observing and providing feedback	Emotional: honesty and fair play, confident to take	Thinking: observing and providing feedback, exploring ideas	communication, respect  Emotional: confidence, perseverance  Thinking: observe and provide feedback, select and apply actions, creativity, evaluate and improve	reading, decision making, tactics, problem solving



	Swimming Each child will receive half a year swimming at Ogden Waters.	Swimming Each child will receive half a year swimming at Ogden Waters.	Swimming Each child will receive half a year swimming at Ogden Waters.	Swimming Each child will receive half a year swimming at Ogden Waters.	Swimming Each child will receive half a year swimming at Ogden Waters.	Swimming Each child will receive half a year swimming at Ogden Waters.
Year 5	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.	NC objectives: Swim competently, confidently and proficiency over a distance of 25 metres.
	Use a range of strokes effectively (e.g. front crawl, backstroke	Use a range of strokes effectively (e.g. front crawl, backstroke	Use a range of strokes effectively (e.g. front crawl, backstroke	Use a range of strokes effectively (e.g. front crawl, backstroke	Use a range of strokes effectively (e.g. front crawl, backstroke	Use a range of strokes effectively (e.g. front crawl, backstroke
	Perform safe self-rescue	Perform safe self- rescue	Perform safe self-rescue	Perform safe self-rescue	Perform safe self-rescue	Perform safe self-rescue



Key skills: Physical: dribbling, passing, ball control, tracking / jockeying, turning, goalkeeping, receiving Social: communication, respect, supporting and Social: communication, encouraging others  Key skills: Physical: stamina, running Physical: stamina, running Social: communication, teamwork, trust, inclusion, listening  Key skills: Physical: pacing, sprinting, jumping for distance, push throwing for distance, fling throwing for distance  Key skills: Physical: throwing & catching, bowling, tracking, fielding & retrieving a ball, batting  Social: communication, Social: confidence  Social: negotiating, Social: organising & self-	
Key skills: Physical: dribbling, passing, ball control, tracking / jockeying, turning, goalkeeping, receivingKey skills: Physical: volley, set, dig, serve, ready positionPhysical: stamina, running Social: communication, listeningKey skills: Physical: pacing, sprinting, jumping for distance, push throwing for distance, fling throwing for distanceKey skills: Physical: throwing & catching, bowling, tracking, fielding & retrieving a ball, battingSocial: communication, respect, supporting and Social: communication, rencouraging othersSocial: confidenceSocial: negotiating,Social: organising & self-	ce -Anna James
respect Emotional: confidence, perseverance, honesty  Thinking: using tactics, selecting and applying tactics, decision making  Thinking: selecting and applying tactics, decision making  Thinking: wish tactics, decision making  Thinking: selecting and applying tactics, decision making  Thinking: wish tactics, decision making  Thinking: selecting and applying strengths and areas for development  Thinking: wish tactics, decision making, problem solving  Thinking: observing and providing feedback  Thinking: decision making, using tactics, identifying how to improve, selecting skills	s:  n simple sequences ement combining with changes in nd changes in level partner.