PE long term plan

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Recpetion	Fundamentals – unit 1 F.M.S	Fundamentals – unit 2 F.M.S	Ball skills – Unit 1 Games	Ball skills – unit 2 Games	Dance – Unit 1	Gymnastics – unit 2 Body Management
Year 1	Fundamentals F.M.S	Sending and receiving Games	Striking and Fielding Games	Dance	Athletics F.M.S	Gymnastics Body Management
Year 2	Ball skills Games	Net and Wall games Games	Invasion Games Games	Athletics F.M.S	Dance	Striking and Fielding Games
Year 3	OAA	Ball skills Games	Dance	Football Games	Gymnastics Body Management	Athletics F.M.S
Year 4	Tag Rugby Games	Dance	OAA	Athletics F.M.S	Gymnastics Body Management	Swimming
Year 5	Swimming Forest school	Swimming	Swimming	Swimming	Swimming	Athletics F.M.S

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Year 6	**Football** **Games** Forest school	**Gymnastics** **Body management**	**Dance**	**Athletics** **F.M.S**	**Rounders** **Games**	